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ABSTRACT OF THE DISCLOSURE

An assembly for retaining a boot on a gliding board having a release block with at least one jaw for retaining a member for fastening the boot, the jaw being movable between a closed position in which it retains the fastening member and an open position in which it releases the fastening member, the jaw being maintained in the closed position by a movable latch. The movement of the latch is controlled by a source of pneumatic energy, with the exclusion of any other energy.